

Projections: video of Antoinette Nausikaä

At Projections, the video *Tomorrow Flows Into Yesterday* by Antoinette Nausikaä will be shown. It reflects Nausikaä's personal quest for the unchangeable and is composed of her observations that were shot during a five-year journey in which she went looking for stillness along eight sacred mountains in Europe and Asia. She combines seemingly ordinary situations and scenes, revealing how humans and nature are casually intertwining. Thus Nausikaä explores and analyzes the relations between man, nature and time - the eternal and the transient, the sacred and the mundane.

Five years ago, Antoinette Nausikaä decided she wanted to observe mountains. In the middle of her frantic urban life she developed a need for stillness and solitude, and was convinced that mountains were the place to go. After all, throughout the centuries they have always been a refuge for man and an archetype for stability, calmness and tranquility. Concepts that seem so far removed from our modern everyday lives.

Soon however, she discovered that 'pure' silence and solitude were nowhere to be found. Looking for the timeless spirit of the mountains, she found fleeting traces of human existence everywhere and, almost casually, her project turned into an exploration of one of the most pressing philosophical themes of this moment: the Anthropocene.

The video work is part of the project *Breathing Mountains*, – a five-year quest for silence and balance between man and nature during which Nausikaä lived and worked around mount Fuji (JP), mount Olympus (GR), mount Ararat (TR), and the five great mountains of China, The Wuyué.

*Breathing Mountains* resulted in the eponymous publication in 2018 (published by Art Paper Editions in Ghent), an exhibition at Gallery Caroline O'Brien and this video.